

BACKPACK AUSTRALIA

The Ultimate Australian Packing List



All information in this Starter Pack is accurate and up to date as of August 2026. If you'd like to verify anything, please feel free to check it yourself.

Essential Documents & Tech

- Passport, Visa Grant Notice & International Driver's License
- **Printed Visa Copies:** Many farm work employers require physical proof of your working rights before your first shift.
- **Proof of Funds:** A recent bank statement for border security.
- **Travel Insurance:** Printed policy details and emergency contact numbers.
- Travel cards (Wise / Revolut) + primary credit card
- Universal travel adapter (Australia Type I plug)
- Power bank (10,000–20,000 mAh) & fast-charging cables
- **Unlocked Smartphone:** Ready for an Australian SIM card.
- Lockable main backpack (50L–65L) + a comfortable daypack
- Combination padlock for hostel lockers

Clothing & Footwear

- 5x Light t-shirts/singlets, 2x shorts, 1x durable trousers
- 1x Warm hoodie/fleece & lightweight rain jacket
- 2x Swimsuits/boardshorts
- Comfortable walking sneakers & thongs (flip-flops)
- Wide-brim hat or legionnaire cap (The Aussie sun is strong!)

Gear & Health

- Reef-safe sunscreen (SPF 50+) & DEET bug spray
- **Basic First Aid Kit:** Pain relievers, upset stomach medication, and band-aids.
- Microfiber quick-dry towel + compact toiletry bag
- Reusable insulated water bottle (1L+)

Farm / Regional Work Essentials (88 Days)

If you plan to extend your Working Holiday Visa, regional work is essential. Come prepared with the right gear.

Buy-Local Hack: *Save luggage weight! You can easily buy heavy-duty work gear locally (at places like Kmart or The Reject Shop) for \$20–\$50 once you arrive.*

- Steel-cap work boots (Must meet Australian safety standards)
- Heavy-duty long trousers & high-vis shirt
- Durable work gloves

88 Days Cheat Sheet

- **Best Seasons to Work:** QLD (Winter picking), VIC (Summer fruit), SA (Autumn vineyards), WA (Year-round roles).
- **Piece Rates:** Pay based on productivity — always understand how rates are calculated before starting a shift.
- **Tracking Days:** Keep copies of all payslips, contracts, and employer details as visa evidence!

Arrival Checklist: Your First 48 Hours

- **Tax File Number (TFN):** Apply online immediately upon arrival so you can get paid legally.
- **Australian Bank Account:** Finalize your setup in-branch to receive your wages.
- **Superannuation:** Choose a fund for your employer retirement contributions.
- **Initial Accommodation:** Book your first 1-2 weeks in advance. Tip: Regional working hostels (like those in Bunbury) are great for early farm networking!

Looking for work? We can help.

Backpack Australia has direct **contact with over 4,000 employers across Australia** who can hire working holiday makers just like you. If you want to skip the crowded job boards, our premium, hands-on service connects you straight to employers who are able to recruit you. hello@backpackaustralia.com.au

Get started today: Email us at hello@backpackaustralia.com.au

Visit [BackpackAustralia.com.au](https://backpackaustralia.com.au) for regional travel guides, video tutorials, and working holiday tips!

YouTube: <https://www.youtube.com/@backpackaustralia>

Travel & Work Guides: Practical tips for traveling, working, living, and exploring Australia stress-free — <https://backpackaustralia.co.page/information>